

# Don't Let Roadblocks Take Your Eyes Off the Road

*"Whether you think you can or think you can't – you are right"*

-Henry Ford

*"Obstacles are those frightening things you see when you take your eyes off your goal"*

-Henry Ford

What's it going to be, are you going to overcome your roadblocks or give up?

I hope your answer was you will overcome your roadblocks.

It is important to not let anything stand in your way of achieving your dreams! If there were no obstacles in our life, everything would be so simple and no one would have any worries or the feeling of accomplishment. Sometimes our roadblocks make us stronger and are part of a larger success story. You have to make a choice that you WILL not let obstacles get in your way and you WILL find a way to overcome them.

Use these helpful hints to overcome your roadblocks

## **Helpful hint #1:**

Most people will encounter roadblocks when trying to achieve their goals. The people who are successful in achieving their goals will find a way to overcome them and not let them stop them. Simply recognizing you will have obstacles is the first step in overcoming them.

## **Helpful hint #2:**

You are more likely to overcome your roadblocks if you include them into your plan. If you create a SMART goal you will be able to overcome obstacles more quickly. Once you understand what potential obstacles you might face, you can plan how you're going to tackle them. When you recognize potential obstacles, it gives you the power to anticipate them and plan how you're going to handle them so you aren't tempted to give up on your goal. Recognizing and planning for obstacles empowers you to succeed.

## **Helpful hint #3:**

Ask someone more experienced or has achieved a similar goal for help. This doesn't mean you've failed; this is a chance to learn something and better yourself. It's better to ask for help and be successful than to go at it alone and reduce your chance at success. All types of roadblocks may come up along your journey family, money, health, work. It is important to think about what you will do to overcome obstacles as part of your plan.